

OCTOBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>USDA is an Equal Opportunity Provider and Employer.</p>	<p>1 Orange Chicken over Brown Rice or Sub Sandwich & Chips Carrots & Celery Fruit & Veggie Bar Milk Choice</p>	<p>2 Soft Beef Taco or Sub Sandwich Refried Beans Sliced Bell Peppers Fruit & Veggie Bar Milk Choice</p>	<p>3 Chicken Patty & Roll or Sub Sandwich Mashed Potatoes & Gravy Green Beans Fruit & Veggie Bar Milk Choice</p>	<p>4 Fettuccini Alfredo & Breadstick or Sun Butter & Jelly Sandwich Broccoli Fruit & Veggie Bar Milk Choice</p>
<p>7 Chicken Quesadilla or Spicy Chicken on Bun Potato Wedges Spanish Rice Fruit & Veggie Bar Milk Choice</p>	<p>8 Chili or Sub Sandwich Tater Tots Cinnamon Roll Fruit & Veggie Bar Milk Choice</p>	<p>9 Pulled Pork on Bun or Sub Sandwich Whole Grain Chips Baked Beans Coleslaw Fruit & Veggie Bar Milk Choice</p>	<p>10 Chicken Parmesan over Spaghetti & Breadstick or Sub Sandwich & Chips Green Beans Fruit & Veggie Bar Milk Choice</p>	<p>11 NO SCHOOL— Faculty In-Service</p>
<p>14 Bacon Cheeseburger on Bun or Corn Dog Potato Wedges Ranch Pasta with Veggies Fruit & Veggie Bar Milk Choice</p>	<p>15 Burrito Bowl** with Brown Rice or Sub Sandwich Chips & Salsa Mexi Corn Black Beans Fruit & Veggie Bar Milk Choice</p>	<p>16 White Chicken Chili or Sub Sandwich Kale Strawberry Salad Fruit & Veggie Bar Milk Choice</p>	<p>17 Country Steak & Roll or Sub Sandwich Mashed Potatoes & Gravy Green Beans Fruit & Veggie Bar Milk Choice</p>	<p>18 NO SCHOOL— PARENT-TEACHER CONFERENCES</p>
<p>21 Chili Dog & Cheese on Bun or Sausage, Egg & Cheese on English Muffin Potato Wedges Cucumber, Tomato & Onion Salad Fruit & Veggie Bar Milk Choice</p>	<p>22 Biscuit & Gravy & Sausage Patty or Sub Sandwich Tater Tots Peas Fruit & Veggie Bar Milk Choice</p>	<p>23 Hot Ham & Cheese on Bun or Sub Sandwich Whole Grain Chips Carrots & Celery Fruit & Veggie Bar Milk Choice</p>	<p>24 Chicken Nuggets & Roll or Sub Sandwich Mashed Potatoes & Gravy Green Beans Fruit & Veggie Bar Milk Choice</p>	<p>25 Cheese Pizza or Fish & Chips Potato Wedges Fruit & Veggie Bar Milk Choice</p>
<p>28 Pig in a Blanket or Grilled Chicken on Bun Potato Wedges Broccoli & Cheese Fruit & Veggie Bar Milk Choice</p>	<p>29 Chicken Wrap or Sub Sandwich Tater Tots Spanish Rice Corn Fruit & Veggie Bar Milk Choice</p>	<p>30 Taco Salad or Sub Sandwich Refried Beans Chips & Salsa Fruit & Veggie Bar Milk Choice</p>	<p>31 Meatloaf Balls & Roll or Sub Sandwich & Chips Mashed Potatoes & Gravy Green Beans Fruit & Veggie Bar Milk Choice</p>	<p>** Burrito Bowl consists of Ground Beef, Chicken & Cheese</p>

NOVEMBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>USDA is an Equal Opportunity Provider and Employer.</p>				<p>1 Cheese Ravioli & Breadstick or Tuna Melt & Chips Mixed Vegetables Fruit & Veggie Bar Milk Choice</p>
<p>4 Hot Turkey & Provolone on Bun or Bacon Wrapped Hot Dog on Bun Potato Wedges Carrots & Celery Fruit & Veggie Bar Milk Choice</p>	<p>5 NO SCHOOL— Staff Development</p>	<p>6 Buffalo Chicken Dip & Tortilla Chips or Sub Sandwich & Chips Green Pepper Strips, Celery & Baby Carrots Fruit & Veggie Bar Milk Choice</p>	<p>7 Beef & Noodles & Roll or Sub Sandwich & Chips Mashed Potatoes Fruit & Veggie Bar Milk Choice</p>	<p>8 Popcorn Shrimp & Biscuit & Honey or Fish Sandwich Scalloped Potatoes Fruit & Veggie Bar Milk Choice</p>
<p>11 Chicken Parmesan Sandwich or Corn Dog Potato Wedges Tomatoes & Squash Italiano Fruit & Veggie Bar Milk Choice</p>	<p>12 Beef Soft Taco or Sub Sandwich Chips & Salsa Refried Beans Fruit & Veggie Bar Milk Choice</p>	<p>13 Macaroni & Cheese with Meatballs or Sub Sandwich & Chips Broccoli & Cauliflower Fruit & Veggie Bar Milk Choice</p>	<p>14 Chicken Patty & Roll or Sub Sandwich Green Beans Fruit & Veggie Bar Milk Choice</p>	<p>15 NO SCHOOL Diocesan In Service</p>
<p>18 Biscuit & Gravy & Sausage Patty or Breaded Chicken on a Bun Hash Brown Patty Buttered Peas Fruit & Veggie Bar Milk Choice</p>	<p>19 Meatball Sub or Sub Sandwich Potato Wedges Fruit & Veggie Bar Milk Choice</p>	<p>20 Chili or Sub Sandwich Tater Tots Cinnamon Roll Fruit & Veggie Bar Milk Choice</p>	<p>21 Chicken Nuggets & Roll or Sub Sandwich & Chips Mashed Potatoes & Gravy Broccoli Fruit & Veggie Bar Milk Choice</p>	<p>22 Cheese Pizza or Fish Taco Chips & Salsa Coleslaw Fruit & Veggie Bar Milk Choice</p>
<p>25 Chicken & Cheese Nachos or Yogurt, String Cheese & Muffin Seasoned Black Beans Mexi Corn Fruit & Veggie Bar Milk Choice</p>	<p>26 Roast Turkey or Ham Mashed Potatoes & Gravy Cranberry Sauce Green Beans Cinnamon Apples Roll & Jelly Pumpkin Crème Cake Milk Choice</p>	<p>27 THANKSGIVING BREAK</p>	<p>28 THANKSGIVING BREAK</p>	<p>29 THANKSGIVING BREAK</p>